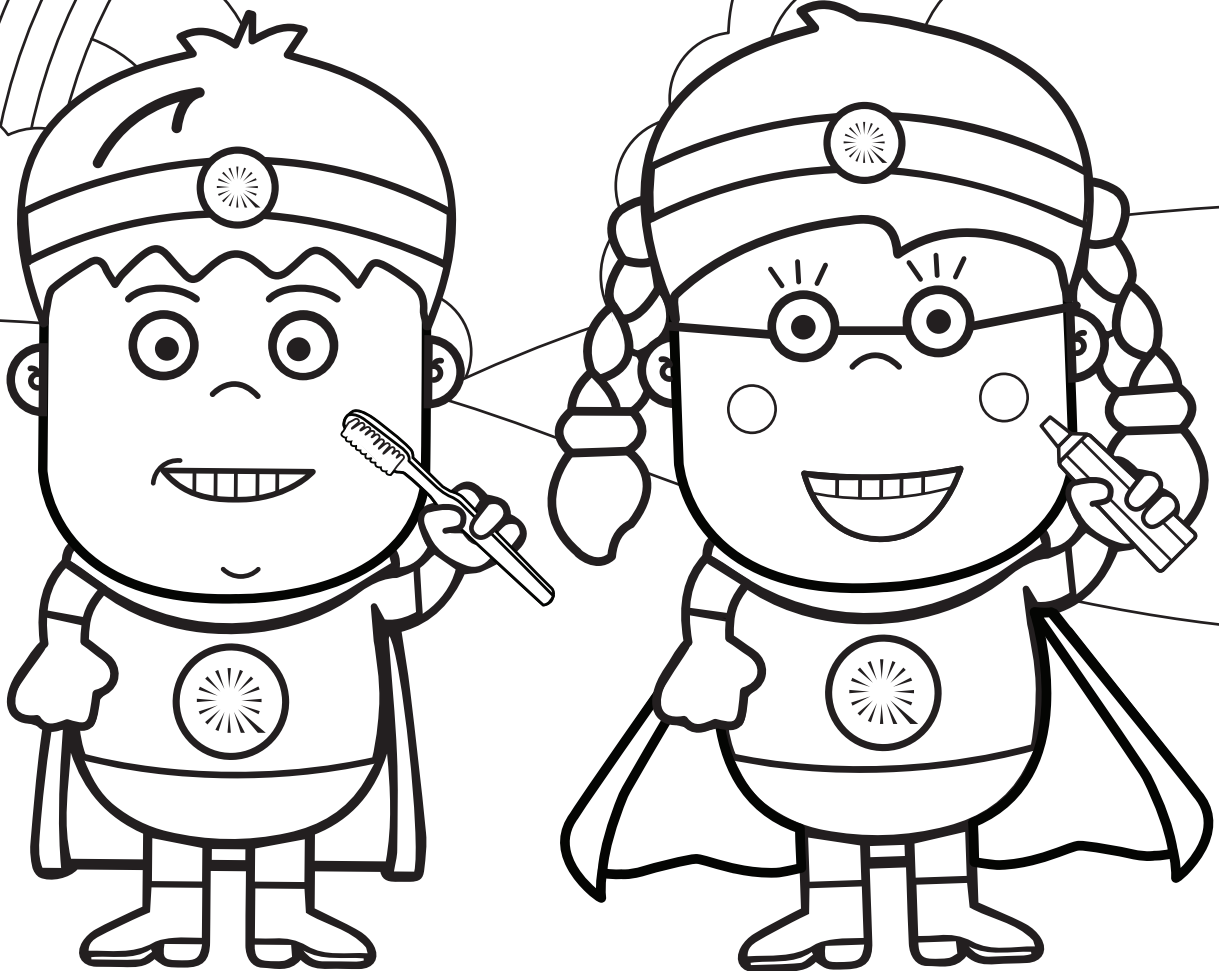


Drawn by Sharon Callis



TILLY AND TOBY SAY
STAY SAFE
AND REMEMBER TO BRUSH YOUR TEETH



1

Brush your teeth once in the morning and once before bed for 2 minutes each time

2

When you spit the toothpaste out do not rinse your mouth with water

3

Try not to snack in-between meals or before bed time

4

Visit your dentist often to keep your teeth and mouth healthy